

INFORMATION FOR LAW VOLUNTEERS

September 16-17, 2022



The LAW Steering Committee greatly appreciates your commitment to volunteer!

Now in its 34th year, Living Archaeology Weekend is hosted by the United States Forest Service (USFS) and co-organized by the Kentucky Organization of Professional Archaeologists (KyOPA) and the Kentucky Archaeological Survey (KAS). Members of these three organizations comprise the LAW Steering Committee. **Darlene Applegate** of KyOPA is the volunteer organizer and is your main contact person. You can email her at info@livingarchaeologyweekend.org.

Please read this information packet carefully. We know it is lengthy, but it contains important information about the event, which we are holding again in person after a two-year pandemic hiatus. (We may be a little rusty!) The following pages cover the event venue, driving and parking instructions, options for lodging and food, event security, the mission and goals of LAW, what volunteers do, and what to bring with you. If you have any questions, be sure to contact Darlene.

DATES AND TIMES

The event is scheduled for Friday, Sept 16 and Saturday, Sept 17, 2022. All times are eastern standard.

The Friday shift for volunteers is 8:00am to 4:00pm. The Friday program is reserved for fifth-grade classes from school districts and home school associations in local counties. About 1,000 students, teachers, and chaperones are registered this year! School groups will begin arriving by bus at 9:00am sharp, so we ask that Friday volunteers arrive promptly at 8:00am for check-in. The school groups will leave by 2:00pm, leaving the last two hours of the program for demonstrators and volunteers to interact.

The Saturday shift for volunteers is 9:00am to 5:00pm. The Saturday program is open to the public. Visitors will be ready to tour the event at 10:00am, so we ask that Saturday volunteers arrive promptly at 9:00am for check-in.

Volunteers also are needed for **set-up on Thursday starting at 9:00am** and **tear-down on Saturday** immediately after the event. Please come early and stay late to help, if you can.

Volunteers will **check-in and check-out with the on-site volunteer coordinator** (this will be Darlene or someone else) at the **Information Booth** between the two demonstration areas. It is important that volunteers check-out at the end of each day so we know that everyone is accounted for. And so we can say thanks and give you free LAW swag: an event t-shirt for two-day volunteers and a LAW water bottle for one-day volunteers!

EVENT VENUE

Living Archaeology Weekend is held at the Gladie Visitor Center complex in the Daniel Boone National Forest's beautiful Red River Gorge.

Located at the confluence of Gladie Creek and Red River, the Gladie complex includes a main building with educational exhibits, the historic Gladie Cabin, several barns, and other features

covering several acres. We refer to the main building as the “Gladie Center.” The complex is managed by the Forest Service. The main building or Center is operated by FIND Outdoors and is a hub of activity for tourists and recreationists visiting the Gorge. **FIND Outdoors currently requires that masks be worn by visitors entering the Center.**

The **physical address** for the Gladie Visitor Center is 3451 Skybridge Road, Highway 715, Stanton, KY 40380. The **phone number** is 606-663-8100. **Don’t assume you will have cell phone service in the Gorge or at the event.** The signal strength varies according to where you are in the Gorge and which service provider you use. Many people do not get service in the Gorge.

There are **two demonstration areas** at LAW. The Native technologies and lifeways demonstrations are held on the Red River floodplain, downslope and behind the Gladie Center. The Pioneer technologies and lifeways demonstrations are held around the Gladie Cabin, north of the visitor center main building. Both demonstration areas are easily accessible from the main building. There are footpaths connecting the two areas, where we may place some volunteers to serve as docents to direct pedestrian traffic.

The venue is **mostly accessible** to persons with mobility challenges. Visitors and volunteers in wheelchairs or with strollers should be aware that the demonstration areas are not paved, but most areas are navigable if the ground is not saturated. This year, however, there may be some problems with navigating the far end of the Native technology demonstration area, where recent flooding deposited some pretty thick deposits of sand.

Parking is free, and most parking places for visitors are in grassy fields. **Emergency medical technicians** are available on-site during the event. **Law enforcement** at the venue is led by Forest Service Law Enforcement Officers. Portable toilets serve as the primary **restroom facilities** for visitors, demonstrators, and volunteers during the LAW event, though demonstrators and volunteers may also use the facilities in the main Center building (**again, masks are required in the Center**).

DIRECTIONS AND PARKING

The LAW venue is located about one hour east of Lexington.

From Lexington, take I-64 east to the Bert T. Combs Mountain Parkway at Exit 98. Take the Mountain Parkway to Slade at Exit 33. At the end of the exit ramp turn left and go one-tenth of a mile to the junction of KY-11 and KY-15. Go 1.5 miles west on KY-15 to KY-77, and follow the signs to the LAW event at the Gladie Visitor Center on KY-715. **It takes about 20-30 minutes to drive to Gladie from the Mountain Parkway.** You also can get to Gladie by driving toward Sky Bridge from Pine Ridge at Exit 40 on the Mountain Parkway. A map is provided on the next page, with the Exit 33 route marked in pink and the Exit 40 route marked in turquoise.

Be careful driving on KY-77 and KY-715. They are very curvy and steep in places. They are narrow, the berms are narrow to non-existent, and the ditches along each side are deep, so going off the road can be dangerous (and will require a tow truck). You may encounter school buses or bicyclists along the roads. You will pass through a one-lane mountain tunnel at Nada on the Exit 33 route.

The **volunteer parking area** is off KY-715, right before you get to the main paved entrance to the Gladie Visitor Center. After you cross the Bison Trail Head bridge, to the right you will see a field with a barn that has a painted quilt design. **All volunteers will park in this field.** There is a rail fence along the road with an opening (not a gate) to pass through. We will be posting a sign there for volunteer parking. It is a short walk from the parking area to the Pioneer demonstration area (next to Gladie Cabin) and the volunteer camping area, with the Information Booth and Native demonstration area a bit further. The Gladie Visitor Center map on page 5 shows these locations.



Detailed information about camping, lodging, dining, and recreating in the Gorge and surrounding areas is available from the Powell County Tourism Commission (www.facebook.com/powellcounty and www.gopoco.org). A summary of some options is provided below.

FOOD

This year, with funding from the Natural Resources Conservation Service, we will cover most meals for volunteers during Living Archaeology Weekend. Thanks, NRCS!

Breakfast and Lunch During the Event

Most food will be available to volunteers and demonstrators in the **basement of the Gladie Center**, which is accessed by outside double doors at the rear of the building near the access road.

On **Friday**, in the morning we will have coffee, tea, juice, and a selection of yummy breakfast sandwiches prepared by Red River Kitchen and Bakery. Plan to grab your breakfast after you check-in and before you head to your assigned area. For lunch, we will provide a selection of artisan sandwich box lunches from RRKB. You can pop back to the Center when you have a break to get your lunch, or wait until our helpers bring around lunches in our delivery wagon. Friday's selections will include nut-free and vegetarian options (and a gluten-free breakfast option).

On **Saturday**, in the morning we will have coffee, tea, juice, and a selection of yummy pastries prepared by Red River Kitchen and Bakery. Again, plan to grab breakfast after you check-in and before you head to your assigned area. For lunch, the Clay City American Veterans Post will be on-site to serve burgers, hot dogs, chips, and drinks. When you check-in on Saturday, you will receive a lunch meal ticket that you can redeem for up to \$14 of food in a single transaction. The deadline to redeem lunch tickets is 3:00pm. Also on Saturday, as we do every year, we will offer cornbread and our famous soup beans, prepared in a kettle over an open fire. We will be delivering them to interested volunteers and demonstrators around lunchtime, or volunteers can boogie over to the Pioneer demonstration area next to the Gladie Cabin on a break to get a serving. Saturday food selections will include nut-free and vegetarian options (and gluten-free lunch options).

On **both days**, we provide free bottled water to the volunteers at the Information Booth. (Bottled water is available for sale to LAW visitors.) And, we keep a stock of snack items (fruit, breakfast bars, trail mix, chips, etc.) for volunteers to grab anytime at the Information Booth.

Volunteers should not plan to drive to-from a restaurant for breakfast and lunch during the event because the restaurants are too far away from the Gladie venue.

Dinner After the Event

On Friday night, the LAW Steering Committee is hosting a party for demonstrators and volunteers in the Reunion Shelter at Lil Abner Motel (see map on previous page). We will have world-famous Miguel's pizza, snacks, and beverages, so we have you covered for dinner. We'll also have music and fellowship. We invite all volunteers to **join us at on Friday for the LAW party!** Snacks and drinks start at 6:00pm, pizza starts at 7:00pm.

Restaurants for dinner in the Slade-Natural Bridge State Park area include the following:

- Daniel Boone Trading Post/Red River Gorge Coffee & Grocery (coffee shop-deli at 769 Natural Bridge Road/KY-11 in Slade)
- Miguel's (pizzeria at 1890 Natural Bridge Road/KY-11 in Slade)
- Natural Bridge State Park Lodge (dining at 2135 Natural Bridge Road/KY-11 in Slade)
- Red River Rockhouse Café (American cuisine and beer at 4000 KY-11 in Campton)
- Sky Bridge Station (pub food and beer in Pine Ridge at the intersection of KY-15 and KY-715 off Mountain Parkway Exit 40)
- Subway (in Slade at Mountain Parkway Exit 33)
- Shell and GoTime gas stations (convenience foods in Slade at Mountain Parkway Exit 33)

LODGING

There are three lodging options for LAW volunteers: local hotels, privately owned campgrounds and backcountry camping (for a fee), and on-site camping at Gladie or nearby at Koomer Ridge Campground (free for LAW volunteers and demonstrators only).

Local Hotels

Hotels located near Mountain Parkway Exit 33 are Lil Abner Motel (lilabnermotel.com or 606-663-5386) and the lodge, cottages, and campground at Natural Bridge State Park (800-255-7275 or (parks.ky.gov/parks/reservelodgecottage)). Volunteers should make their own reservations.

Privately Owned Campgrounds and Backcountry Camping

There are many privately operated campgrounds in the Gorge area and near the Mountain Parkway. These campgrounds charge fees to campers. Most private campgrounds have bathroom and shower facilities, but volunteers should check with particular campgrounds about amenities. Most campgrounds operate on a first-come, first-served basis. Volunteers should make their own reservations/arrangements.

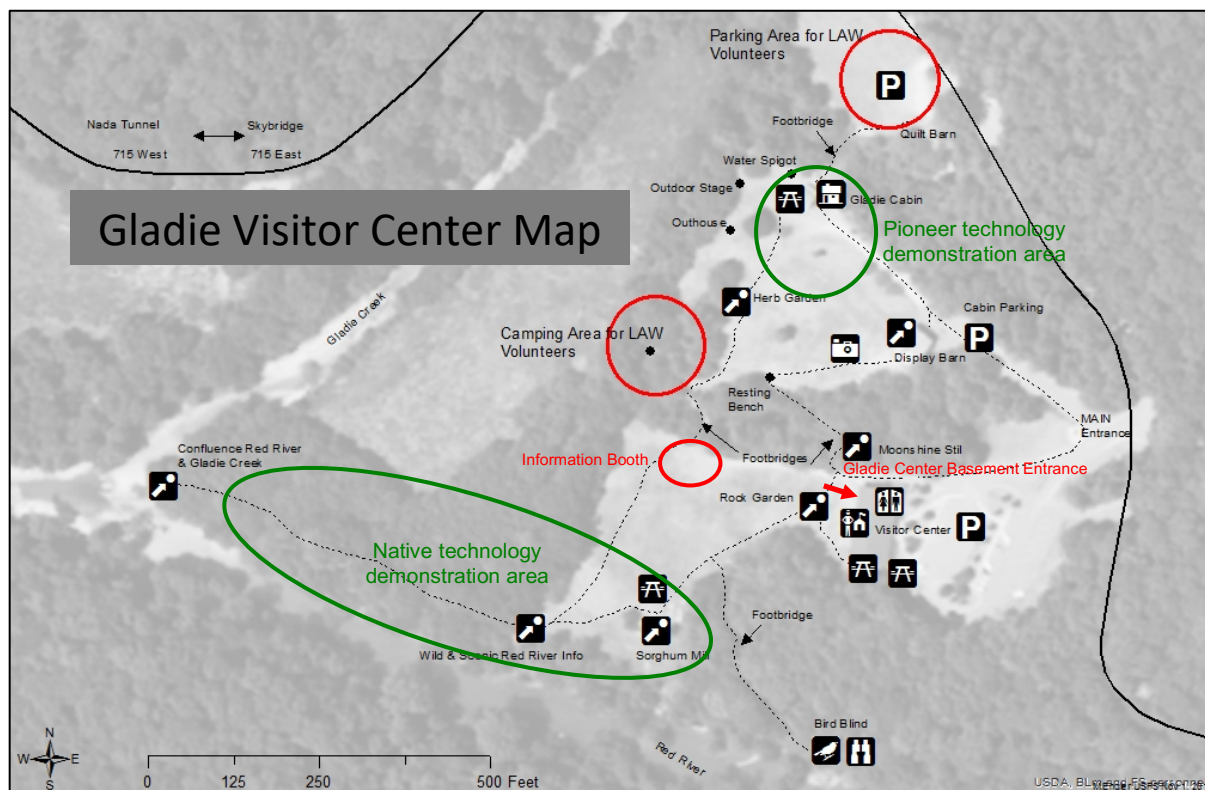
Campers can also get permits from the USFS to camp in the backcountry of the National Forest. Permits are required for backcountry camping. There are no amenities for backcountry campers, but LAW volunteers who want to camp in the backcountry can get a pass at the Gladie Visitor Center to shower for free at the Koomer Ridge Campground. Passes are located in the rightmost small mailbox in front of the Gladie Visitor Center. Please return the passes when finished with them so that others can shower. Koomer Ridge is a 30-minute drive from the Gladie Visitor Center (see map on page 3).

Campers must comply with all USFS regulations regarding fire safety and protection from bears, described below.

Free Camping at Gladie or at Koomer Ridge Campground

Free tent camping will be available for volunteers and demonstrators **on-site at Gladie** on Thursday, Friday, and Saturday. Please note that Gladie is not a designated campsite; the Forest Service makes camping available here during the LAW event for volunteers and demonstrators only. There is no general public camping at Gladie.

The signed, designated **camping area** for volunteers and demonstrators is at the edge of the Gladie Cabin field, as marked on the Gladie Visitor Center map below. Tents that are set up in this area may remain up throughout the event. **Parking for campers** is in the designated volunteer parking area in the field near the Quilt Barn, as marked on the map below and described on page 2. Campers should leave their vehicles in the volunteer parking area throughout the event.



LAW visitors will pass near the volunteer camping area during the event as they walk between the two demonstration areas. Though visitors should not stray into the camping area, volunteers should **secure valuables in their cars** to be safe.

Regarding bathroom facilities, there is an **outhouse** north of the camping area (see map on previous page) and there are **portable toilets** available to campers between the two LAW demonstration areas. **Drinkable water** is available at the volunteer campsite. There is a **power source** at the volunteer campsite where campers can charge cell phones. There are no shower facilities at Gladie, but LAW campers can **get a pass to shower** for free at the Koomer Ridge Campground. Passes are located in the rightmost small mailbox in front of the Gladie Center. Please return the passes when finished with them so that others can shower.

Absolutely NO food, garbage, toothpaste, deodorant or any other item with a smell may be kept in or near tents. ALL of these items must be stored in a locked, hard-topped vehicle unless the items are being actively used. (Yes, you need to put your garbage in your vehicle, so plan ahead.) Campers will be fined by law enforcement if they violate this order. They may also have a nasty encounter with a bear, which is worse than a fine. We also suggest that clothing worn while cooking and eating NOT be worn for sleeping – put it in a locked vehicle.

A fire may be built in the **fire ring** in the gravel campsite. **This is the only location where a fire may be built** in the Gladie camping area. Do not burn any garbage in the fire ring because this will attract bears. Do not bury garbage or food remains anywhere on the premises. This can attract bears and/or impact subsurface cultural resources.

Though not predicted, if we get heavy rains during the event, campers may move their tents to the Display Barn, located east of the volunteer camping area (see map on previous page). There is a center aisle in the barn that will accommodate six or seven tents. Campers will have to remove their tents from the barn early Saturday morning because we use the Display Barn for demonstrator booths in case of rain. (Rain does not cancel the event.)

Campers may see that a few demonstrators have permission to drive on the field around Gladie Cabin, near the volunteer camping area. These are a very few, limited exceptions and they have been given explicit directions and permission to do so. Campers are not to assume that they, too, can drive on the field. **Campers must NOT drive on the Gladie Cabin field!** This is critically important as our septic system runs under the field and can be ruined if we drive on it. Please help us with this, as we recently spent thousands of dollars fixing the septic system.

Prior to the event, **we need to know who is planning to camp at Gladie**. The LAW volunteer organizer, Darlene Applegate, will collect this information and give it to USFS staff. Unauthorized campers are subject to ticketing and vehicle towing.

In addition to free on-site camping at the Gladie venue, this year LAW volunteers can camp for free at the **Koomer Ridge Campground**, located about 30 minutes south of Gladie (see map on page 3). Get details about the campground, facilities, and nearby hiking trails at www.fs.usda.gov/recarea/dbnf/recarea/?recid=39462. Volunteers may use Site 16 and the Amphitheatre across from the bathhouse. As with Gladie camping, **we need to know who is planning to camp at Koomer** so we can arrange for free passes. The LAW volunteer organizer, Darlene Applegate, will collect this info.

WHAT TO BRING WITH YOU

Here are suggestions for preparing to volunteer at LAW.

Volunteers should bring any food and beverages they prefer beyond those we will be providing, as described on pages 3-4. Volunteers may want to bring sunglasses, sunscreen, hats, insect repellent, and other personal comfort items.

Volunteers who are camping should bring their own **tents and camping equipment**, including a flashlight and matches/lighter. The gas stations in Slade and several other small businesses at Exit 33 have camping supplies. Nearby Sky Bridge and Koomer Ridge have picnic facilities.

We ask that volunteers **wear t-shirts or sweatshirts, jeans or shorts, and closed-toe shoes** for the event. No tank tops or sandals, please. Other suggested items are cold-weather and wet-weather clothes, like jackets and raincoats. It will be chilly at night and in the morning in the Gorge! It is good to bring clothes for all seasons and wear layers of clothes that you can peel on-and-off as needed. Some volunteers wear pants and sweatshirts to the event in the morning but bring tees and shorts to change into once it warms up. The venue grounds are wet with dew in the morning, so an extra pair of shoes is a good idea. Volunteers who want to hike in the area after the event should bring sturdy boots. There will be first-aid available during the event hours, and at other times WKU students camping on-site will have a first-aid kit that others are welcome to use.

The **weather forecast** for the weekend looks great. Daytime temperatures will be in the mid 80s with partly to mostly sunny skies, and nighttime temperatures in the low 60s. There currently is little chance of rain. The event **WILL** be held even if it rains. The event may be canceled or postponed if there is a lightning danger. For updates about the event relative to **inclement weather**, please call the Gladie Visitor Center at 606-663-8100.

EVENT SECURITY AND EMERGENCIES

Safety at Living Archaeology Weekend is of utmost importance.

There will be law enforcement officers from the Forest Service or local counties circulating around the venue during the event. They may or may not be in uniform.

People other than the demonstrators and volunteers who are camping on-site are not permitted on the Gladie grounds outside normal business hours. To promote safety, volunteers are not share camping information with people outside of LAW. The gate to the venue should remain closed outside normal business hours.

In the event of a natural emergency during the event, such as a severe thunderstorm, volunteers should take cover in the Gladie Cabin, the Display Barn, or the Gladie Visitor Center, and they should instruct visitors to do the same.

In the event of a human-based threat during the event, such as gunfire, volunteers should retreat immediately and quickly into the nearest woods and instruct visitors to do the same.

If you see something that looks odd or someone who looks suspicious, or if you have questions about event security, please immediately notify a uniformed law enforcement officer, a uniformed Forest Service employee, or an event staff member wearing a bright green vest.

WHO YOU WILL SEE AND WHAT YOU WILL DO AT LAW

LAW features expert demonstrators who volunteers will assist during the event.

The slate of demonstrators for the 2022 event includes professional and avocational Native technology experts, professional archaeologists, and cultural resource managers. The activities focus on American Indian and Pioneer lifeways, archaeological methods and interpretations, and cultural resource protection and preservation.

The **mission** of LAW is to provide school children and the public with diverse, high-quality, multi-sensory educational opportunities in American Indian and Pioneer technologies and other lifeways, archaeological interpretation, and archaeological site preservation.

LAW programming is focused around **three broad goals**.

- Living Archaeology Weekend programs will promote in the public an appreciation for cultural diversity and cultural accomplishments, focusing on the rich American Indian heritage of Kentucky spanning 11,500 years and continuing to the present, as well as the lifeways of more recent settlers in Kentucky.
- Living Archaeology Weekend programs will inform the public about the past as it is known through archaeology, including but not limited to archaeological site types in Kentucky, the culture history of Kentucky, and reconstruction of traditional American Indian and Pioneer lifeways (technology, subsistence, settlement, healing practices, artistic expression, and belief systems) in Kentucky.
- Living Archaeology Weekend programs will foster in the public respect for cultural resources and promote public stewardship of the archaeological record.

We have **three specific educational goals**. In other words, this is what we want the visitors to come away with and remember in ten years. **Please help us promote these educational goals during the event.**

- Native peoples who lived in the Red River Gorge had needs similar to ours: food, clothing, and shelter, as well as families, government, trade, art, and beliefs. They accomplished great things!
- Pioneer settlers used new but parallel technologies to address similar needs, as they developed farms, industries, and communities in the Red River Gorge.
- We all have a responsibility to preserve the places in the Red River Gorge where these past people left behind the traces of their ways of life.

Here are some **guidelines for volunteering and interacting with the visitors**.

- Volunteers serve in a support role at the event. If you are helping a demonstrator, the demonstrator will tell you what they need. The demonstrator supervises the content and activities for their booth, so volunteers should not attempt to act as demonstrators.
- The demonstrators who you assist may give you specific tasks to do during your shift, such as sewing the cattail mats that the visitors wove. We ask that volunteers limit their participation in the hands-on activities at a booth to those tasks assigned by the demonstrator. (On Friday afternoon after the school groups have departed, volunteers will have an opportunity to do hands-on activities.)
- We encourage volunteers to engage with the demonstrators they are assisting, and most of the demonstrators are very gracious about sharing their knowledge. At the same time, however, your interactions with the demonstrators should not distract them from serving the needs of the visitors. For example, volunteers helping at the knapping demonstration should not be getting a personal flintknapping lesson if there are visitors around.
- Volunteers can request specific assignments prior to the event, and this information will be collected by the volunteer organizer. Otherwise, volunteers will be assigned to tasks as needed.
- Volunteers are expected to arrive at the event promptly and to stay for their entire shifts.
- Volunteers check-in with the on-site volunteer coordinator upon arriving at the event and check-out when leaving. The check-in/check-out location is the Information Booth marked on the map on page 5.

- Volunteers interact respectfully with visitors and have fun.
- Volunteers provide clear answers to questions without using excessive jargon or technical terms.
- Volunteers should not attempt to answer questions outside their expertise. Instead, volunteers should simply refer the visitor to the appropriate staff member or demonstrator.
- When working with school children, refer to them as “students” or “children” rather than “kids.”
- Volunteers are not to swear or use curse words including “pissed off” and “crap.”
- Volunteers dress comfortably but appropriately in street clothes.
- Volunteers arrange for their own transportation to/from the event.

Over the last dozen years, the LAW Steering Committee has developed an extensive portfolio of **educational materials** for the event. These materials are available as downloadable pdf files under the LEARN tab on the LAW website at www.livingarchaeologyweekend.org. We strongly encourage volunteers to review as much of this material as possible, especially the information about demonstrations where you will be assisting.

VOLUNTEER RESPONSIBILITIES AND PERKS

Here’s how you can help, and how you’ll benefit from volunteering at LAW.

The US Forest Service requires that **LAW volunteers provide basic information** for safety and security purposes: name, phone number, email, relevant medical conditions that could impact or be impacted by volunteering (such as insect or medication allergies), emergency contact person and contact information, and whether or not you consent to be photographed at the event. The LAW volunteer organizer, Darlene Applegate, will collect this information and provide a compilation to the US Forest Service organizers. We will maintain the confidentiality of the information. Volunteers will sign a USFS group volunteer agreement form upon checking in at the event with on-site volunteer coordinator.

We ask volunteers to help with all phases of the Living Archaeology Weekend event. **Set-up** is on Thursday, Sept 15 from about 9:00am to 2:00pm. That is a great day to volunteer, because volunteers can spend the rest of the day hiking in the beautiful Gorge, instead of hiking after a long day volunteering on Friday or Saturday. The **event itself** is delivered on Friday and Saturday, Sept 16-17, which is when the largest number of volunteers is needed. The tents are taken down and the venue cleaned up late Saturday, Sept 17, from about 5:00-7:00pm. The more volunteers available to help with **tear-down**, the sooner we all get to go home, rest, and reflect on a great event!

On Friday and Saturday during the event, volunteers can contribute in two major ways. First, we need about 30-40 volunteers to **assist demonstrators**. This involves helping with hands-on activities, managing the flow of visitors through the demonstration, watching booths during demonstrator breaks, and running errands for the demonstrators. Second, we need 10-20 volunteers to assist with **logistics tasks**, which do not require previous experience or preparation.

Specific tasks in these two areas are outlined below. Please look over the list and **indicate your preferred tasks** via an online form emailed by the volunteer coordinator, who will try to accommodate volunteers’ preferences in assigning tasks as much as possible.

Assist Demonstrators

- the **corn processing and grinding** demonstration, including hands-on activities for visitors
- the **Pioneer spinning/weaving** demonstration, including hands-on activity
- the **Native textile weaving** demonstration, including hands-on activities
- the **cattail mat weaving** demonstration, including hands-on activity
- the demonstration of the atlatl **spear thrower**, including hands-on activity
- the demonstration of **pump drills**, including explaining the technology and mechanics and helping with the hands-on activity
- the **plant domestication** demonstration, including hands-on activities
- the **lumbering** demonstration, including hands-on activities
- the **hemp brake** demonstration, including hands-on activity
- the **bow-and-arrow** demonstration
- the **flintknapping** demonstration
- the **Pioneer cooking** demonstration
- the **Gladie Cabin** open house (self-guided tours by visitors)

Event Logistics

- help with **event setup** (Thursday only from about 9am-2pm)
- serve as a **floater** and coordinate with the on-site event volunteer coordinator; professional archaeologist or resource manager preferred (both days)
- serve as **docent** between Native and Pioneer demonstration areas to direct visitors and answer questions (both days)
- **deliver** water and food to demonstrators and volunteers (both days)
- assist with **school registration** (Friday only)
- **greet** visitors and distribute programs/maps to visitors (Saturday only)
- assist with **merchandise and water sales** (Saturday only)
- **cleanup** venue (Saturday only from about 5-7pm)

We will try to contact volunteers in advance with their assignments, especially those involving demonstrations. Otherwise, volunteers will get their assignments when they check-in at the event. Again, all volunteers must **check-in and check-out of the event with the on-site volunteer coordinator at the Information Booth** between the two demonstration areas.

What **we can offer to volunteers** in exchange for your hard work is a free event t-shirt (for volunteers working two full days – others can purchase a shirt) or a free LAW water bottle (for volunteers working one full day), food and bottled water, a fun party Friday night, free camping, new knowledge, new friends, networking opportunities, and our unending appreciation!



Thanks so much for volunteering at LAW!
Your contributions are essential to our success!